

# BOULDER



MAY 2026



**CELEBRATE  
FITNESS MONTH &  
MILITARY SPOUSE  
APPRECIATION MONTH!**



**\$500**

## FACTORY INCENTIVE

Exclusive Military Discount with purchase or lease of any new Ford. Is in addition to all Factory and Sanderson Rebates\*

**2YR**

## MAINTENANCE PLAN

2 - Year BaseCARE, Pre-Paid Maintenance plan included in your purchase or lease of any new Ford.

**10%**

## SERVICE DISCOUNT

Exclusive Military Discount on Ford Service and Parts purchases.\*\*

**FREE**

## PICK UP & DELIVERY

Need your vehicle serviced? We will pick it up, service your vehicle and return it to you. All makes and models included.\*\*\*



**SANDERSONFORD.COM | 623.842.8600 | GLENDALE, AZ**

\*Ford Military Discount is available to active, retired, and veteran members of an eligible military branch (within 2 years of separation), spouses/surviving spouses and their household members. Not available on Aviator®, Navigator®, Mustang® Dark Horse™, Mustang Mach1®, F-150® Raptor®, Ranger® Raptor, Ford GT™, Bronco® and Bronco Raptor. May not be used with other Ford/Lincoln private offers. \*\*Active and retired military personnel receive a 10% discount on repairs performed in our Service Department, or any parts purchased directly from our Parts Department. This offer is not stackable or applicable with other existing offers or discounts.\*\*\*Pickup & Delivery is limited to within a 30 mile radius of the dealership. Applies to cars and light trucks only. Nonoperational vehicles are not eligible and will require a Roadside Service event. Call for further details. All offers expire at close of business 12/31/25.

PAID ADVERTISEMENT. NO FEDERAL ENDORSEMENT OF ADVERTISER INTENDED.

# MAY 2026

## 56th FIGHTER WING



56th Fighter Wing Commander  
Brig Gen David Berkland

56th Fighter Wing Deputy Commander  
Col John Ryan

56th Fighter Wing Command Chief  
CMSgt Nathan Chrestensen

56th Mission Support Group Commander  
Col Darryl Hebert Jr.

56th Mission Support Senior Enlisted Leader  
CMSgt Jason Aucoin

## MARKETING

56th Force Support Squadron Commander  
Lt Col Maria Berardo

56th Force Support Squadron Deputy Director  
Mr. Todd Wirt

56th Force Support Squadron Senior Enlisted Leader  
CMSgt LaShonna Wooten

56th Force Support Squadron First Sergeant  
MSgt Richard Baltazar



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Visual Information Specialist  
Mr. Julian Chacon

Photographer / Videographer  
Mr. Jayson Burns

## BOLT

is the 56th Force Support Squadron, MWR (Morale, Welfare & Recreation) publication designed to inform our customers of our events, programs, and services.

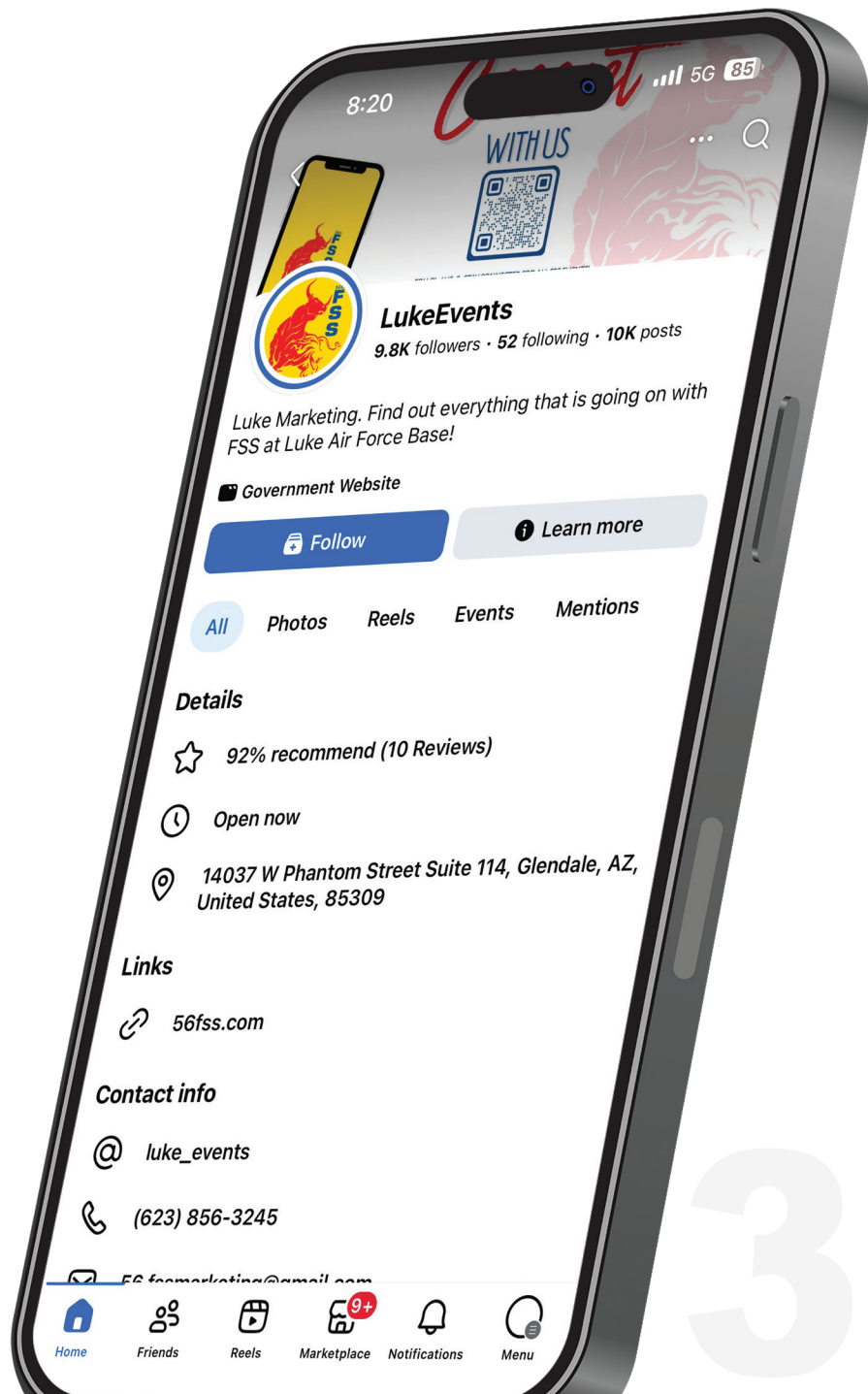
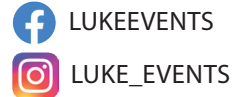
Activities are available only to valid Department of Defense identification cardholders.

Advertising herein is not endorsed by any part of the federal government, the Department of the Air Force or Luke Air Force Base. Events and prices were current at time of publication and are subject to change without notice.



### MARKETING & PUBLICITY OFFICE

14037 W Phantom St.,  
Bldg. 700, Ste. 114  
Luke Air Force Base, AZ 85309  
PHONE: 623-856-3245



# 3



**MAY EDITION  
FEATURED THIS MONTH**

**10**



**FOOD & LODGING**

**12**



**FUN - OUTDOOR REC. & ITT**

**18**



**FITNESS & GOLF**

**20**



**FORCE SUPPORT**

CHECK OUT THE  
56 FSS CALENDAR FOR  
UPCOMING EVENTS!



# GET TO KNOW SOME OF OUR STAFF AT THE BRYANT FITNESS CENTER!



"I'm Senior Airman McRoberts out of Illinois. I've been here for a year now. My sole role of fitness is the FAC. So I work in the FAC and help other people with their fitness."

## What inspired you to pursue health and fitness?

"So what inspired me to help in fitness is getting the overall culture back to the Air Force. Not just passing the pt test, but also your health, mental, emotional, and spiritual being, and being ready and fit to fight as the Air Force is. So they've got me as a fitness."



"Sherri Barringer, I'm a fitness specialist supervisor. I am an instructor. I've been there for 17 years. When I first started, I was in this building. We had a gym in this building, and we ended up building the tent. And that's where myself and Max transferred to. So we've been over there."

## What inspired you to pursue public fitness?

"I've been into fitness since I was a teenager. I've always been an athlete. At some point I decided I wanted to have kids and I wanted to be healthy. I wanted to be able to run with my kids. So I have five soon to be 12 grandkids. And I can stay up and active with them at 60."



"What would you say to someone who is hesitant to start their fitness journey?"

## What inspired you to pursue public fitness?

"When someone is coming to you and they're a little bit hesitant about what equipment should be, they should be using, how do you guide them and make them feel comfortable. I know that working out is vulnerable to some, and especially if you're asking front desk. I'm pretty sure it's your first time or first rodeo. So I just make them feel super comfortable. I will personally use it to show them, see how they're using it. Make sure posture is good. Make sure everything's good to minimize also injuries."

# HALF MARATHON 13.1 MILES

## 2 MAY @6AM

### BRYANT FITNESS CENTER OPEN TO ALL DOD ID CARD HOLDERS

**\$35**  
SIGN-UP  
BY 24 APR.



Fitness Center • Bldg. 820 - 623-856-6241  
Facebook.com/LukeFitnessCenter

DEPARTMENT OF THE AIR FORCE  
FITNESS & SPORTS



## Spouse Connect

### ARE YOU A NEW MILITARY SPOUSE?

Spouse Connect is an orientation program that will introduce new and current military spouses to military culture, provide an opportunity to connect with peers and learn about Luke AFB resources!

*Join us for Brunch!*

9 May | 1000 to 1300  
Verrado Grille  
4242 N Golf Dr.  
Buckeye, AZ 85396

Please call the M&FRC at 623.856.6550 to register for Saturday brunch!

Military & Family Readiness • Bldg. 1113 - 623-856-6550  
Facebook.com/LukeMFRFC



# WINGFEST *Wednesday* AT CLUB FIVE SIX

## ALL DAY WINGS EVERY LAST WEDNESDAY

11AM - 1PM • 3:30PM - 8PM

SPONSORED IN PART BY:



NO FEDERAL ENDORSEMENT OF SPONSOR INTENDED

Club Five Six • Bldg. 161 - 623-856-6446  
Facebook.com/ClubFiveSix

Club Five Six  
AIR FORCE  
FOOD & BEVERAGE

# Mother's Day LUAU BRUNCH

## MAY 10 • 11AM - 1PM AT CLUB FIVE SIX

KALUA PORK, MACARONI SALAD, STEAMED RICE,  
COCONUT SHRIMP, HULI HULI CHICKEN AND  
MANY OTHER HAWAIIAN FAVORITES AND DESSERTS.

DON'T MISS OUT ON ENTERTAINMENT  
THAT WE HAVE IN STORE FOR YOU!



\$29.99 FOR ADULTS  
\$19.99 FOR KIDS

SCAN TO SIGN-UP!

EVENT IS SUBJECT TO CANCELLATION BASED ON SIGN-UP NUMBERS

Club Five Six • Bldg. 161 - 623-856-6446  
Facebook.com/ClubFiveSix

Club Five Six  
AIR FORCE  
FOOD & BEVERAGE

# MILITARY SPOUSE APPRECIATION MONTH IS HERE!

*My light in the darkness*

TO: Marielena

FROM: Dashon



*She is my better half. She keeps me on track to be the best i can be. The reason I am in the Air Force... my WHY. The way she sacrifices for me is unexplainable. My wife is my calm in the chaos. My light in the Darkness, i love her so much!*

**MILITARY  
SPOUSE  
APPRECIATION**



*My reason I feel like home*



*Because she's the heart of everything good in my life—the calm when things get crazy, the laughter in ordinary moments, and the strength that holds our family together. She loves deeply, gives selflessly, and somehow makes even the toughest days feel lighter. I admire the way she shows up every single day—with patience, with kindness, and with a love that never wavers. Because she's not just my wife—she's my best friend, my teammate, and the reason home feels like home.*



# CHECK OUT FSS EVENTS

AT LUKE AIR FORCE BASE

## COMMUNITY COMMONS 623-856-7152



### May Movie Night Schedule

The Spongebob Movie: Search for SquarePants • Rated PG  
May 1 • 6:30pm - 8:30pm  
Free • Base Theater

Greenland 2: Migration • Rated PG-13  
May 29 • 6:30pm - 8:30pm  
Free • Base Theater

### Cupcakes & Canvas

May 2 • 9am - 10am  
Free • Open to all

### Corn Hole Free Play

May 6 • 5pm - 8pm • At Club Five Six  
Free • Open to all

## RENTALS

### 360 Booth

Non-Premium Rental Rate: \$115/hr • Mon. - Fri. • 8am - 4pm  
Premium Rental Rate: \$135/hr • Evening/Weekends  
Minimum Rental Period is 2 hours

### Classrooms

Rooms 133/134/206: \$10/hr  
Poker Room: \$10/hr  
Blitz Lounge: \$25/hr • \*\$25 Cleaning deposit, deposit will be refunded after inspection.  
Recreation Room: \$10/hr  
Lounge & Recreation Room: \$30/hr

### Base Theater

To reserve the Theater, you must complete and submit a request form to the Community Center at [56fss.theater@us.af.mil](mailto:56fss.theater@us.af.mil)

## ARTS & CRAFTS 623-856-6502



## SERVICES

32oz water bottle w/ one side engraving • \$38.00  
One side engraving on own bottle • \$22.00  
24" x 36" printed poster • \$16.00  
24" x 36" printed poster on foam board • \$32.00  
8" x 10" Photo print on metal • \$45.00  
11" x 14" Photo print on metal • \$55.00  
16" x 20" Photo print on metal • \$90.00

# THUNDERBOLT R/C



Sponsored in part by:



\*No Federal endorsement of sponsor intended\*

**MAY 29 • JUN. 12 • JUL. 10  
AUG. 14 • SEP. 18**

**AT CLUB FIVE SIX**

\*SUBJECT TO CHANGE BASED OFF OF FEDERAL HOLIDAY

\*\*16 YEAR OLDS AND BELOW MUST BE ACCOMPANIED  
A PARENT OR GUARDIAN DURING THIS EVENT\*\*

Community Commons, Bldg. 700 - 623-856-7152  
Facebook.com/LukeCommunity

# NERF WARS



**22 MAY • 5PM - 8PM**

COMMUNITY COMMONS • AGES 16+  
DRINKS AND SNACKS PROVIDED  
MUST SIGN UP

Community Commons, Bldg. 700 - 623-856-7152  
Facebook.com/LukeCommunity





# ENJOY FOOD & LODGING

AT LUKE AIR FORCE BASE



**CLUB FIVE SIX**  
**623-856-6446**

MON. - FRI. • 11AM - 1PM



## CLUB SPECIALS

### Lunch Specials - Facebook.com/ClubFiveSix

Club Five Six features daily lunch specials served Mon. - Fri., from 11am - 1pm  
Thursday Healthy Options 11am - 1pm

### Wingman Wednesday

Wed. • 3:30pm - 6:30pm • Zemke's Lounge  
Boneless wings and bar menu available.

### Fighter Wing First Friday

Slated the First Friday of each month.  
FREE appetizers and drink specials.  
Friday Happy Hour 4pm - 8pm  
*Sponsored in part by:*



*No Federal Endorsement of Sponsor Intended*

### Mother's Day Luau Brunch

May 10 • 11am - 1pm  
\$29.99 for Adults • \$19.99 for Kids



### Ladies Night

May 8 • 6pm - 9pm

## RESERVATIONS

**Club Five Six • 623-865-6446 ext. 228**  
**Falcon Dunes Grill • 623-856-0004**

Reservations are filling up quickly and are accepted on a first-come, first-served basis at Club Five Six, Falcon Dunes Golf Course, and Community Commons.

For dining and catering, Falcon Dunes Grill and Club Five Six offers catering services for parties, weddings, retirement ceremonies, and more. Make your reservation for your next event today available dates fill up fast!

### HENSMAN DINING FACILITY & T-BOLT CAFE CLOSED FOR FOOD 2.0

DFAC and T-Bolt Cafe are closed for renovations. Stay on the lookout for updates and news on FOOD 2.0!



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# FIGHTER COUNTRY INN

623-856-3941

## Lodging Rates

Effective Now

	TLF	VQ	DVQ
Oct. - Jan. , Apr. - May. , Sep.	\$152	\$144	\$151
Feb. - Mar.	\$189	\$171	\$204
Jun. - Aug.	\$112	\$101	\$111

## Reservations

Number of days in advanced	If occupancy is below/between
120	1% - 50%
30	51% - 80%
7	81% - 100%
3	to support mission requirements



# FAMCAMP

623-856-4891

## Rates

\$40 per night.

- 61 spaces available
- Check in at 12pm & Check out at 11am

# GILA BEND FAMCAMP

623-856-5211

## Rates

\$12 per night.

- 44 spaces available



# FORT TUTHILL

Summer Rates Mar. - Oct.



	E1 - E4	E1 - E4 <i>Holiday rates</i>	E5+ & Others	E5+ & Others <i>Holiday rates</i>
Multi-Family A - Frame	\$270	\$270	\$400	\$400
A - Frame	\$150 - \$165	\$150 - \$165	\$245 - \$260	\$245 - \$260
Studio Cabin	\$80 - \$100	\$80 - \$100	\$145 - \$170	\$145 - \$170
Hotel	\$70	\$70	\$130	\$130
Yurt**	\$55	\$55	\$80	\$80
RV**	\$25	\$25	\$35	\$35
Tent**	\$15	\$15	\$25	\$25



# DISCOVER FUN

AT LUKE AIR FORCE BASE



**OUTDOOR RECREATION**  
**623-856-6267**



## MAY EVENTS

### Antelope Canyon & Horseshoe Bend

May 2 • 5:30am - 7pm •  
\$300 per person • Open to all

### Tandem Paramotoring

May 9 • 6am - 11:30am • *Register by May 1*  
\$180 per person • Open to all

### Kayak & Stand-Up Paddleboard

May 16 • 9am - 3:45pm • *Register by May 13*  
\$50 per person

### Luau Pool Party

May 22 • 5pm - 9pm  
Free • Open to all

### Skydiving

May 23 • 7am - 1pm • *Register by May 15*  
\$40 for Single Airmen & Deployed Affected Families  
\$230 for all others

### Hiking Club: Cathedral Rock

May 23 • 7am - 2pm • *Register by May 20*  
\$50 per person

### Glow Paddle Kayak

May 30 • 4:30pm - 10pm • *Register by May 27*  
\$70 per person

## JUNE EVENTS

### Sunset Kayak & Stand-Up Paddleboard

Jun. 6 • 4pm - 9pm • *Register by Jun. 3*  
\$50 per person

### Indoor Rock Climbing

Jun. 13 • 9:30am - 1:30pm • *Register by Jun. 10*  
\$40 for Single Airmen & Deployed Affected Families  
\$50 for all others

### Scuba Diving Class

Jun. 13 • 6am - Jun. 14 • 3pm • *Register by Jun. 10*  
\$125 per person

### Arizona - Sonoran Desert Museum

Jun. 20 • 8am - 5pm • *Register by Jun. 17*  
\$85 per person

### Watson Lake

Jun. 27 • 7:45am - 4:45 • *Register by Jun. 24*  
\$50 per person

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# BOOK A FUN TRIP WITH ITT

**INFORMATION TICKETS & TRAVEL**  
**623-856-6000**



## Travel Assistance & Discount

Book domestic and overseas airfares, car rentals, receive a 15% discounted room rate through *ChoiceHotels.com*, and choose from incredible itineraries offered by Carnival, Princess, Norwegian, Royal Caribbean, & Disney cruise lines. Email your travel inquiries to [TicketsandTours@LukeEvents.com](mailto:TicketsandTours@LukeEvents.com).

## Local Attractions

Hurricane Harbor, Castles N' Coasters, Phoenix Zoo, Wildlife World Zoo, Harkins Movie Tickets, Medieval Times, Arizona Science Center, OdySea Aquarium, Sealife AZ Aquarium, iFly, Sun Splash Golf Land Waterpark, & Sedona Red Rock Jeep Tours.

## So/Cal Attractions

Seaworld, San Diego Zoo & Safari Park, San Diego Harbor Cruise, the Catalina Express, Disneyland, Universal Studios, Knotts Berry Farm, & Six Flags Magic Mountain.

# RV STORAGE LOT



Customers can call 623-856-6267, or stop-by Outdoor Recreation, Bldg. 247 (ODR) to inquire about space availability.

Prices are:

### Active Duty

*(Must be assigned to Luke AFB)*

20ft Spots .....	\$25	40ft Pull-thru spot .....	\$40
25ft - 30ft spots .....	\$30	45ft spot.....	\$40
30ft Pull-thru spot .....	\$35	45ft Pull-thru spot .....	\$45
40ft spot.....	\$35		

### All OTHERS

*(Active Duty NOT assigned to LUKE AFB, National Guard, Reserve, Retiree, and DoD Civilians)*

20ft spots.....	\$45	40ft Pull-thru spot .....	\$60
25ft - 30ft spots .....	\$50	45ft spot.....	\$60
30ft Pull-thru spot .....	\$55	45ft Pull-thru spot .....	\$65
40ft spot.....	\$55		

NO POV's ARE ALLOWED IN RV STORAGE.

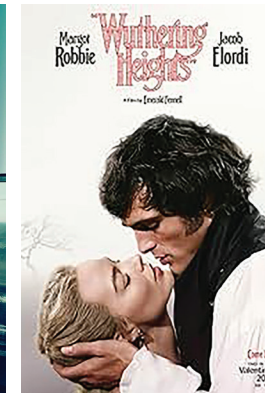
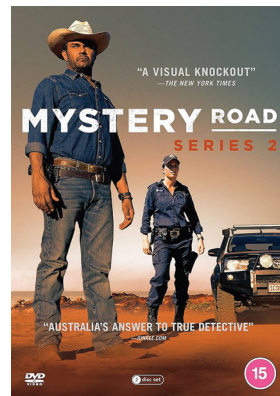
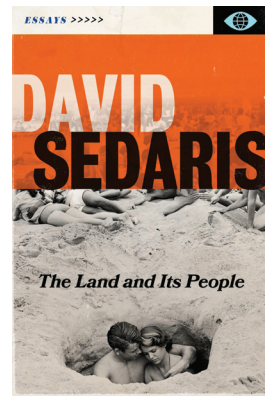
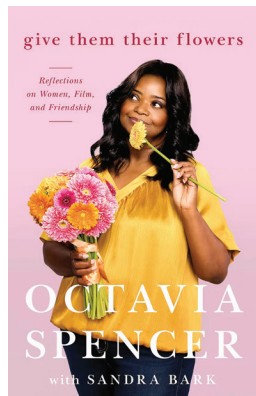
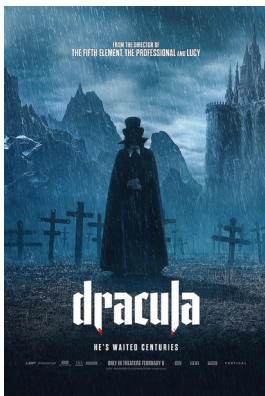
ON BASE STORAGE IS MOTORIZED RVs ONLY.

45ft and under is allowed

Active Duty (Must be assigned to LUKE) = \$50

All OTHERS (Active Duty NOT assigned to LUKE, Guard, Reserve, Retiree, DoD Civ) = \$70



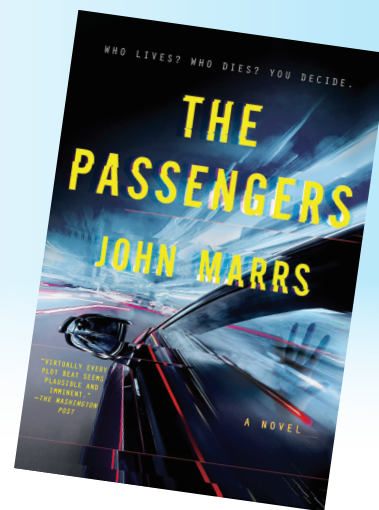


**STAFF PICKS BOOK CLUB**

May 21 • 10:30am

Want to know what the Library staff reads? You might be surprised. Join us and our host Lacey's for a lively discussion for May!

***The Passengers* - John Mars**



## MAY EVENTS

### Childrens Story Time

Wed. • 10am • Ages 0 - Preschoolers

### Scale Modeling Club

May 23 • 10am • Open to all

Have you ever built a scale model or thought that you might like to? Do you enjoy the "Planes of Luke" display at the library? The club meets the 4th Saturday of every month. No previous experience needed, we will teach you!

### Crafternoons

May 23 • 2pm - 2:30pm • Open to all

Bring your own project or learn something new. Hosted by Amanda. Call the library for details of upcoming workshops.

### Paws2Read

May 23 • 10:30am - 12pm • Open to all

Children can read to therapy dogs in order to improve reading skills and foster a love for canine companions!



**A Camping We will Go**

18 MAY | 1730  
At the Luke Library

We are going on a Bear hunt, eating a s'mores treat, and decorating a mug to take on your next camping adventure.

Library Bldg. 219 - 623-856-7191  
Facebook.com/LukeLibrary

AIR FORCE LIBRARIES

The poster features a dark blue night sky with a crescent moon and stars. In the foreground, a white camper van is parked in a forest of tall evergreen trees. Two people are sitting at a table outside the van, and a dog is visible inside. The overall theme is camping and outdoor activities.

**SIGN UP FOR OUR  
LIBRARY NEWSLETTER  
AND DON'T MISS OUT!**



## WARHAMMER CLUB



4th SATURDAY OF EVERY MONTH – 11AM

Curious about tabletop strategy games?  
No experience needed – we'll teach you!  
Come out! Build, Paint, and Play!

# WE SUPPORT FAMILY

AT LUKE AIR FORCE BASE

## CHILD DEVELOPMENT CENTER 623-856-6338



## FAMILY CHILD CARE (FCC) 623-856-2684



### Become a Licensed FCC Provider

The FCC program is looking for new providers for infants and children, two-weeks to 12 yrs. old, including special needs. Must be 18+, speak English, have a high school diploma/GED, pass background checks, and complete required training. Contact: [kimberly.kerr.2@us.af.mil](mailto:kimberly.kerr.2@us.af.mil) or visit [militarychildcare.com](http://militarychildcare.com).

### Full and Part-Time Child Care

Childcare spots are available with on-and-off base providers. Subsidized rates for qualifying participants. Contact: [kimberly.kerr.2@us.af.mil](mailto:kimberly.kerr.2@us.af.mil) or visit [militarychildcare.com](http://militarychildcare.com).

### Spouse Appointment Child Care

Free childcare for job interviews, appointments, and classes for military spouses.

### Free Deployment Child Care

16 hours of free child care per child for Active-Duty or Reserve/Guard personnel assigned to Luke. Available before, during, and after deployments of 30+ days.

## New Provider Orientation

New Providers who have submitted their applications can attend to fulfill their training requirements. For those who qualify, childcare through the New Provider Orientation Program is provided free of charge, depending on space available within an FCC home.

## FCC Walk-In Applicants

May 28, Jun. 25, Jul. 30 • 5pm - 7pm  
for FCC applications & Questions & Answers with the Coordinator.

## SCHOOL AGE CARE (SAC) 623-856-7471



## SAC Program Registration

For ages 5(K)-12. Cost based on family income. Register at: [parent.afcyp.com](http://parent.afcyp.com). Includes breakfast, after-school snack, transportation, and enrichment programs.

## School Age Care: Summer Break Camp

May 26 - Jun. 31 • 6am - 5:30pm  
Open Recreation • Ages 5K - 12  
Camps include arts & crafts, computers, fitness, STEM, dramatic and outdoor play, field trips, swimming, and much more.  
**Cost is based on total family income.**  
New customers register at: [militarychildcare.com](http://militarychildcare.com)  
Existing customers sign up online at: [parent.afcyp.com](http://parent.afcyp.com)  
Call the Youth Programs to set up your CYPBMS account.

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## YOUTH PROGRAMS 623-856-7470



### Youth Programs Monthly Membership

Ages 9-18 • \$25/month

Register at [parent.afcyp.com](http://parent.afcyp.com)

Call Youth Programs to set up your cypbms account.

Current immunization record and flu shot required.

Youth Programs promotes the “whole child” with proven, nationally recognized activities in the arts, leadership, health, education, and sports.

### Youth Programs: Parents Night Out

May 8 • 6pm - 9pm

Ages 5K -15

### Youth Programs Baseball Clinic

May 16 • 9am - 11:30am

\$10 • Registration Now

Give your young athlete a fun and positive baseball experience while learning essential skills including hitting, catching, throwing, base stealing, and ptiching.

**Register online at [parent.afcyp.com](http://parent.afcyp.com).**

Call the youth center to set up your CYPBMS account.

### Youth Programs: Summer Break Camp

May 26 - May 29 • 5:30pm

Open Recreation • Ages 9 - 18

## CHECK OUT MFRC EVENTS!

### MILITARY AND FAMILY READINESS CENTER

623-856-6550



#### Spouse Connect Brunch

May 9 • 10am - 1pm • @ **Verrado Grille**

Opportunity for military spouses to learn about on/off base resources, military life, and available support services.

#### EFMP STEM - Piano Coding

May 14 • 5:30pm - 6:30pm

For EFMP families and families with special needs.

#### Resume Writing Workshop

May 28 • 9am - 10am

#### Bundles for Babies

May 29 • 8am - 12pm • For expecting parents or parents of newborn.

#### Hearts Apart Slick City Action Park

May 29 • 11 am - 12:30pm

@ 15305 W McDowell Rd, Goodyear, AZ.

For Deployed or remote tour members & families (+/- 6 months pre/post tour).

#### EFMP STEM - Adaptive Cooking

May 30 • 10am - 12pm

For EFMP families and families with special needs.

*Contact M&FRC to register for all events*

Scan for  
Child and Youth  
Webpage



Scan for  
Military Child Care  
Webpage



# GET YOUR FITNESS ON

AT LUKE AIR FORCE BASE

**BRYANT FITNESS CENTER**  
**623-856-6241**



## AEROBICS GROUP FITNESS

### Run Clinic

Mon., Wed., Fri. • 6am & 4pm • Combat PT Tent  
Jan. 5 - Feb. 13

The Run Clinic focuses on pacing, stride, breathing, and speed improvement three times a week.

### Strength Training

Tue. & Thur. • 6am & 7am • Combat PT Tent

A variety of exercises that builds endurance, strength and sculpts the body. In coordination with the Run Clinic.

### Warrior Training

Mon. • 6am, Tues. • 5pm, Wed. • 6am & 9am, Fri. • 6am  
Combat PT Tent

Functional Training strength, gymnastics, and endurance in fun and competitive workouts.

### Lightning Class ( Combat Ready / Grit and Grind )

Mon., Wed., Fri., • 7am - 7:30am & 4:30pm - 5pm  
Thur. • 4:30pm - 5pm • Combat PT Tent

30 Min fast-moving class that highlights mental and physical toughness. Evokes the challenge and continuous preparedness for the Combat PT readiness test.

### Lightning Class ( Cardio Kickboxing )

Mon. • 9am & Tue. • 4:30pm • Bldg. 700

30 Min fast-moving class that is fun with kickboxing movements set in Tabata style. Challenge yourself to a new and exciting class that moves up your combat fitness level.

## Strength Circuit Class

Tue. & Thur. • 9am • Combat PT Tent

## Indoor Cycling

Mon., Wed., Fri., • 5am & 12pm

Thur. • 5pm • Bldg. 700

Low impact cardiovascular exercise to build endurance, strengthens the core as well as tone muscles.

## Equipment Orientation

Tue. & Thur. • 10am • Bldg. 700

Fitness information session, 30-45 minutes long.

## Yoga Class

Tue. & Thur. • 10am - 10:30am

## Tier 1 Readiness Program

Mon. - Fri. • 6am Run

Tue. & Thur. • 4pm Strength

Open to all DoD in prep for PT Test

## Wellness Monopoly Expo

May 1 • 11am - 1pm • Bryant Fitness Center

## Half Marathon

May 2 • 6am • Bryant Fitness Center

\$35 • Open to DOD ID Card Holders

## Powerlifting Competition

May 9 • 9am - 1pm • Combat PT Tent

Sign up at Bryant Fitness Center

# FALCON DUNES GOLF COURSE

623-535-9334



Reserve your spot now:



## ENHANCEMENTS UNDERWAY!

Falcon Dunes Bar & Lounge

April 19 - July 2026

### FALCON DUNES GOLF COURSE GOLF FEE SCHEDULE November 1, 2025 to October 31, 2026

RESERVATIONS: <https://secure.west.prophetservices.com/FalconDunesV3/> or call the golf shop (623) 535-9334  
ACTIVE DUTY MILITARY – 14 Days in Advance  
RETIRED MILITARY – 12 Days in Advance  
D.O.D./VETERAN CIVILIANS – 10 Days in Advance

CATEGORY Green Fees	WINTER Nov 1 – Apr 30	SUMMER May 1 – Oct 31	25 Round Pre- Paid Smart Card	50 Round Pre- Paid Smart Card
E1-E4 Active Duty	\$29	\$21	\$550	\$1050
E1-E4 9-Hole & Twilight*	\$23	\$17	(\$22/Round)	(\$21/Round)
E5-O2 Active Duty	\$44	\$33	\$900	\$1700
E5-O2 9-Hole & Twilight*	\$37	\$28	(\$36/Round)	(\$34/Round)
O3 & Above Active Duty, DOD, Veteran	\$52	\$37	\$975	\$1850
O3 & Above 9-Hole / Twilight*	\$42	\$31	(\$39/Round)	(\$37/Round)
Retired Military	By Grade, see above	By Grade, see above	By Grade, see above	By Grade, see above
Civilian Guest	\$72	\$45		
Civilian Guest 9-Hole & Twilight*	\$55	\$36	NA	NA
Military Dependents	Sponsor Rate	Sponsor Rate	Sponsor Rate	Sponsor Rate
Juniors (6 to 17 Yrs)	\$9	\$6		
Juniors (6 to 17 Yrs) 9-Hole & Twilight*	\$6	\$4	NA	NA

\*TWILIGHT FEES: After 2:00 PM WINTER (Nov 1 – Apr 30) and after Noon in SUMMER (May 1 – Oct 31)

**\*SMART CARDS ARE ONLY VALID FOR ONE YEAR AFTER DAY OF PURCHASE.\***

GOLF CART	9-Hole	18-Hole
PER PERSON	\$13.00	\$19.00
PULL CART	\$5.00	\$7.00

RENTAL CLUB	E1-E4 9-Hole	E1-E4 18-Hole	E5 -UP 9-Hole	E5-UP 18-Hole
WILSON	\$7	\$12	\$9	\$16
PING G400	\$12	\$24	\$17	\$32

RANGE BALL	PRICE
SMALL = One token (30 Range Balls)	\$7.00
LARGE = Two tokens (60 Range Balls)	\$12.00
50 Bucket RANGE KEY	\$5.00 per bucket - \$250.00 Cost plus \$5 Refundable Key Deposit

ADDRESS: 15100 West Northern Avenue, Waddell, AZ 85355 PHONE: 623-535-9334  
FOR MORE INFORMATION ABOUT FALCON DUNES GOLF COURSE GO TO: 56fss.com

## MAY EVENTS

### 1800 Golf Tournament

May 8 • 7:30am

Airmen only • \$50 Sign-up

Shotgun start, 4 player scramble format, 100 yard holes. Entry fee includes green fee, cart, range ball & prizes.

### Get Golf Ready Group Training

4 people per group (max)

\$395 per person • Includes full set of Wilson clubs

May 25 • Full Swing • May 26 • Putting

May 27 • Chipping • May 28 • Pitch Shot

May 29 • Sand Bunker

Women • 8:30am - 10am

Men • 10:30am - 12pm

**Play a round of golf May 29**

**Women @ 3pm • Men @ 4pm**



**GOLF FEE SCHEDULE**



# FORCE SUPPORT

AT LUKE AIR FORCE BASE

## ID CARDS & DEERS 623-856-7875

### ONLY SCHEDULE ONE APPOINTMENT PER FAMILY:

When scheduling your appointment, please only use one appointment slot per family. No need to make multiple appointments, we will assist you and any one else in your family requiring assistance at the same time.

### REQUIRED SUPPORTING DOCS FOR ID CARDS:

Unexpired DoD ID cards are only permitted as a second form of ID, if the initial enrollment record into DEERS was established by two non-DoD forms of IDs. To avoid service delays or appointment cancellation, please bring two forms of **unexpired non-DoD IDs** (passport, driver's or state license, SSN card, birth certificate, etc).

### RAPIDS:

Update your CAC, manage sponsor or family member ID card information, or find a RAPIDS ID Card Office.

Visit <https://idco.dmdc.osd.mil/idco/>

### HONOR GUARD

**623-856-7240**

Airmen of every enlisted rank, and both company and field grade officers, volunteer and are competitively selected from their peers in more than 200 different Air Force career fields to serve in the Honor Guard, making the Honor Guard the standard for discipline and military professionalism.

For more information, contact:

56fw.honorguard@us.af.mil • 623-856-7418  
TSgt Zachary Williams & SSgt Dalton Moore

### NON-APPROPRIATED FUND HR

**623-856-7755**

The NAF Human Resources Office administers the NAF personnel system and offers a variety of employment opportunities to our community from fitness, food service, childcare, recreation, and administrative support.

### EDUCATION

**623-856-7722**

### AIR FORCE OFFICER QUALIFYING TEST (AFOQT)

1st Thurs. of every month • 8am • WAPS testing center

### SKILLBRIDGE BRIEFING

May 21 • 9am & 2pm • Education Center

### COMMISSIONING BRIEFING

May 14 • 2pm • Education Center

### DOD EDUCATION TRACK DATES

May 18 & 19 • 8am & 4pm • Education Center

For those who are retiring or separating from Active Duty.

### MORTUARY AFFAIRS

**623-856-3771**

It is AFMAO's mission and privilege to fulfill our nation's sacred commitment of ensuring dignity, honor and respect to the fallen, and care, service and support to their families.

### NAF ONLINE STORE

When equipment is replaced with newer equipment, we will list items on here for anyone to purchase at a discounted rate!

To purchase something, contact ODR at 623.856.6267  
<https://56fss.com/naf-online-store/>

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# EXPLORE LUNCH AT LUKE AFB



## Falcon Dunes MENU

Monday - Friday • 0630 - 13:00



**Featured Items**

**Cheeseburger \$9.00**  
American, Cheddar, Swiss or Pepper Jack

**Pastrami Sandwich \$8.00**  
On your choice of bread with lettuce, tomato and cheese

**Lunch Special**

**Tuna Salad Sandwich \$8.00**  
On your choice of bread (white, wheat or sourdough)

**Healthy Items**

**Chef Salad \$10.75**  
Romain lettuce, tomato, cucumber, ham, turkey & cheddar cheese

**Buffalo Chicken Wrap \$10.75**  
Crispy or grilled chicken, cheddar, lettuce, tomatoes, buffalo sauce & ranch on a tomato basil tortilla

**Breakfast Special**

**Three Pancakes w/syrup \$3.50**  
Three fluffy pancakes served warm with syrup.

Falcon Dunes Golf • Bdg. 2202 • 623-535-9334  
Facebook.com/LukeGolfCourse



## Club Five Six MENU

Monday - Friday • 1100 - 1300



**Healthy Items**

**Thunderbolt Turkey Avocado Wrap \$9.50**  
Turkey, Swiss Cheese, Avocado, Tomato, Ranch Dressing on Spinach Tortilla.

**FSS Powerhouse Salad \$11.50**  
Chicken, Turkey Bacon, Carrots, Broccoli, Hard-Boiled Egg, Diced Tomato on Spinach Leaves.

**Lunch Special**

**Daily Lunch Special \$7.00**  
Daily special, fresh and delicious. Ask what we're serving!

**Featured Items**

**Club Five Six \$11.50**  
Ham, Turkey Bacon, Cheddar and Pepper Jack Cheeses, Tomato and Mayo on Texas Toast.

**Phantom Philly Cheesesteak \$11.00**  
Roast Beef, Prowlone Cheese, Mushrooms, Onions, and Bell Peppers on Hoagie Bun.

**Lightning Chicken Cheese Quesadilla \$9.50**  
Chicken Breast, Pepper Jack Cheese, Bacon, Lettuce, and Tomato.

**Raptor Monterey Jack Wrap \$9.50**  
Chicken Breast, Monterey Jack Cheese, Bacon, Lettuce, and Tomato.

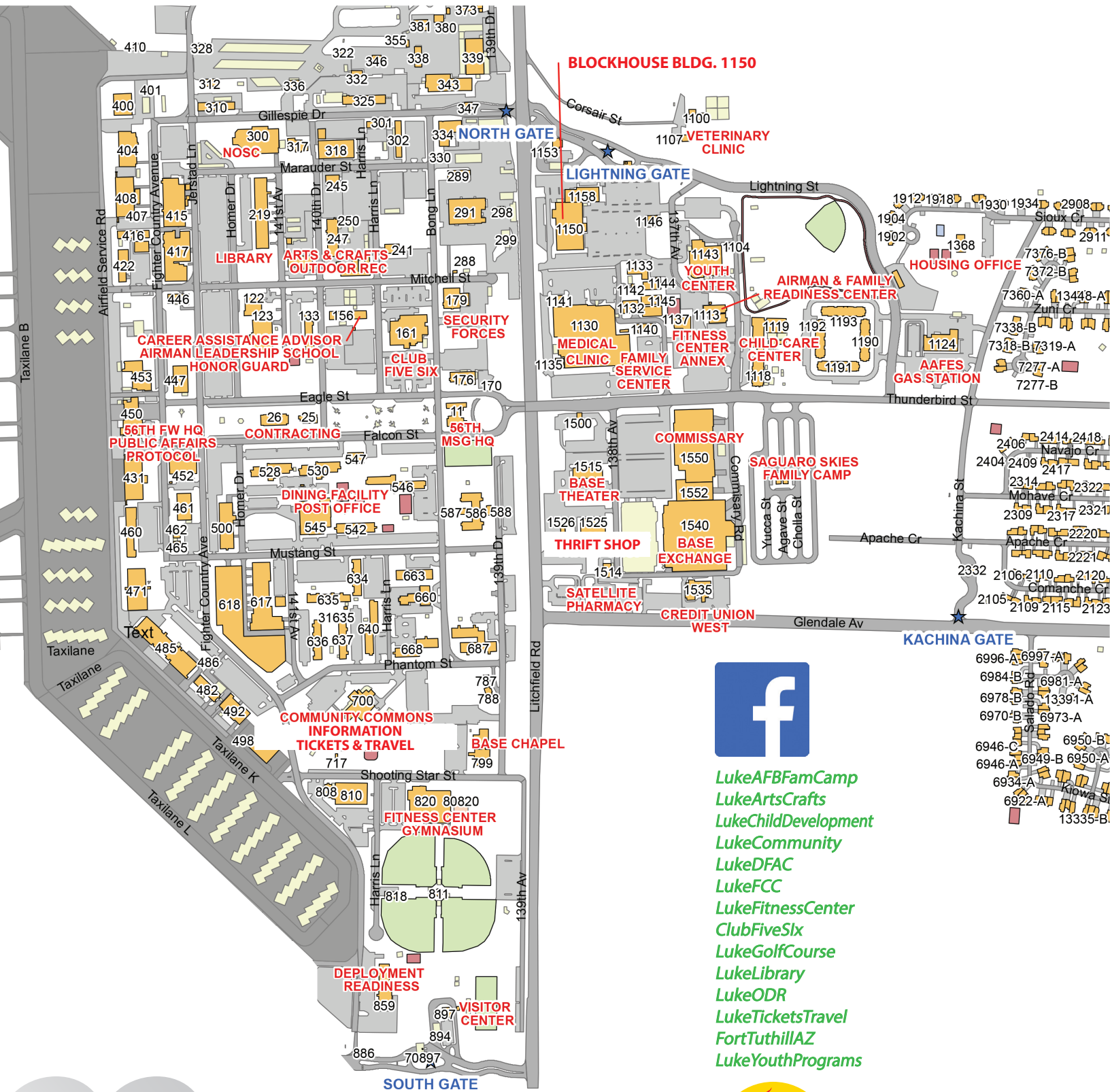
Club Five Six • Bdg. 161 • 623-856-6446  
Facebook.com/ClubFiveSix



FOOD & BEVERAGE



# DIRECTORY



- LukeAFBFamCamp
- LukeArtsCrafts
- LukeChildDevelopment
- LukeCommunity
- LukeDFAC
- LukeFCC
- LukeFitnessCenter
- ClubFiveSix
- LukeGolfCourse
- LukeLibrary
- LukeODR
- LukeTicketsTravel
- FortTuthillAZ
- LukeYouthPrograms



# DIRECTORY

## 📶 Arts & Crafts Center

Bldg. 247 ..... 623-856-6502  
Mon. - Fri. ... 9am - 5pm

### Frame Shop & Print Shop

Mon. - Fri. ... 1pm - 5pm

### Wood Shop

Bldg. 247 ..... 623-856-6566

Fri. - Sat. ... 9am - 5pm

## 📶 Auto Hobby Shop

Bldg. 235 ..... 623-856-6107

Tues. - Sat. ... 9am - 4:30pm

*(Clean-up 1/2 hr before closing)*

## 📶 Bryant Fitness Center

Bldg. 820 ..... 623-856-6241

Mon. - Fri. ... 5am - 7pm

Sat. & Sun. ... 8am - 6pm

Down Days and Holidays

Closed - 24 Hr. Access Only

## 📶 Warrior PT Center

Bldg. 80820 ..... 623-856-2291

Mon. - Fri. ... 5am - 7pm

Sat. & Sun. ... 8am - 6pm

Down Days & Holidays

Closed - 24 Hr. Access Only

## 📶 Fitness Center Annex

Bldg. 1137 ..... 623-856-8299

Mon. - Fri. ... 6am - 12pm

Weekends and Holidays

Closed - 24 Hr. Access Only

## 📶 Kathy's Korner Smoothie Bar

Bldg. 820

Mon. - Fri. ... 6am - 6pm

## Child Development Center

Bldg. 1119 ..... 623-856-6338

Mon. - Fri. ... 6am - 5:30pm

## 📶 Club Five Six

Bldg. 161 ..... 623-856-6446

Mon. - Fri. ... 11am - 1pm

### Lounge

Wed., Thur., Fri., ... 3:30pm - 8pm

## 📶 Community Commons

Bldg. 700 ..... 623-856-7152

Mon. - Wed. ... 8am - 4:30pm

Thur. - Fri. ... 8am - 8pm

First Sat. of each month ... 8am - 1pm

Sun. Closed

### Barber Shop

Bldg. 700 ..... 623-935-5742

Mon. - Fri. ... 8am - 5pm

## 📶 Customer Support Section

*(Identification Cards & DEERS)*

Bldg. 1150 ..... 623-856-7875

Mon. - Tues. - Thur. - Fri.

8am - 3pm

Wed. ... 8am - 11am

Official Passports

623-856-8764

## 📶 Education Center

Bldg. 1150 ..... 623-856-7722/7723

Mon. - Fri. ... 8am - 4pm

## 📶 Falcon Dunes Golf Course

15100 Northern Ave • 623-535-9334

Open Daily, Weekends, & Holidays

5:30am - 7pm

Falcon Dunes Grill

Bldg. 2202 ..... 623-856-0004

Daily ... 7am - 1:30pm

Falcon Dunes Bar

Daily ... 11am - 5pm

## 📶 Family Child Care (FCC)

Bldg. 1140 ..... 623-856-2684

Mon. - Fri. ... 9am - 4pm

## 📶 Fighter Country Inn

Bldg. 660 ..... 623-856-3941

ALWAYS OPEN

## 📶 Fort Tuthill

415 Battalion Rd • 928-774-8893

Fri. - Sat. ... 6am - 10pm

Sun. - Thu. ... 6am - 7pm

## Gila Bend FamCamp

Gila Bend, AZ ..... 623-856-5211

## 📶 Hensman Dining Facility (DFAC)

Bldg. 545 ..... 623-856-6396

CLOSED FOR FOOD RENOVATION 2.0

## 📶 Information Tickets & Travel

Bldg. 700 ..... 623-856-6000

Mon., Tues., Thur., Fri.

8am - 5pm

Wed. ... 8am - Noon

Sat. 8am - Noon the first duty day  
of each month

## 📶 Library

Bldg. 219 ..... 623-856-7191

Mon. ... 9am - 7pm

Tues. - Fri. ... 9am - 5pm

Sat. ... 10am - 4pm

## Marketing and Publicity

Bldg. 700 ..... 623-856-3245

Mon. - Fri. ... 7:30am - 4pm

## 📶 Military & Family Readiness

Bldg. 1113 ..... 623-856-6550

Mon. - Fri. ... 7:30am - 4:30pm

Third Thur. Monthly ..... Closed

## NAF Human Resources

Bldg. 1150 ..... 623-856-7755

Mon. - Fri. ... 8am - 4pm

## 📶 Post Office

Bldg. 545 ..... 623-856-6516

Official Mail Center

Mon. - Fri. ... 7am - 3pm

General Delivery

Mon. - Fri. ... 9am - 4pm

USPS

Mon. - Fri. ... 7:45am - 3:45pm

## Outdoor Recreation

Bldg. 247 ..... 623-856-6267

Mon. - Fri. ... 9am - 5pm

Fowler Park Splash Pad

Mon. - Sun. ... 8am - 6pm

## 📶 Saguaro Skies FamCamp

Bldg. 1561 ..... 623-856-4891

Open Daily ... 9am - 5pm

Closed Holidays

## Silver Wings Pool

Bldg. 708 ..... 602-739-4826

Opening May 23 • Fri - Sun ... 11am - 6pm

## 📶 T-Bolt Café (Flight Kitchen)

Bldg. 954 ..... 623-856-6420

CLOSED FOR FOOD RENOVATION 2.0

## Unite Program

Bldg. 700 ..... 623-856-2472

Mon. - Fri. ... 8am - 4pm

## Youth Programs (YP)

Bldg. 1143 ..... 623-856-7470

Administration

Mon. - Fri. ... 6:30am - 4:30pm

School Age Care Program

Bldg. 1143 ..... 623-856-7471

Mon. - Fri. ... 6am - 5:30pm

Open Recreation

Mon. - Fri. ... 1pm - 5:30pm

250

YEARS IN THE MAKING

# Freedom Fest

02 JULY

FOWLER PARK

SAVE THE DATE

Community Commons, Bldg. 700 - 623-856-7152  
Facebook.com/LukeCommunity



COMMUNITY CENTER

