**TRANSITION ASSISTANCE**

**PHASE 1 – INITIAL COUNSELING**

Individualized Initial Counseling (IC) between the service member and a TAP counselor is the official start to the transition process. During the IC session, service members will review their personal self-assessment and Individual Transition Plan (ITP) with their TAP counselor to identify their unique needs of the transition process and post-transition goals.

NOTE: IC must be completed NLT 365 days PRIOR to your official DOS and before attending TAP Workshops, which will be scheduled during this appointment.

Please complete and bring the attached Self-Assessment with you to your appointment -

Self-Assessment



Initial Counseling handouts –



**PHASE 2 – PRE-SEPARATION COUNSELING**

This brief covers by-law information to include benefits, entitlements, and resources for eligible transitioning service members. Caregivers and spouses are especially encouraged to attend with their Service member. The eForm (DD Form 2648) is initiated during this phase.

NOTE: Must be completed NLT 365 days prior to your official DOS and before attending TAP workshops.

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